## Computer security Tips (answer to Fred's Email 8.12.20)

## Do backup your computer, using Win7/10 or Time Machine or other

## Scams

phone call about social security ..... DO Not give out SSN

Banking - they do not call asking for acct or password verification

Windows - does not expire , ever ! ( XP and Vista – not supported )

There are no CO-vid data required by the County or State.

Do not fall for fake calls from Apple, Microsoft or other persons, that they need to take over your computer

## **Computer protection**

Do download updates, for Windows & Macs

On Windows, do update security, anti-virus software

Run a full scan 2x /month, manually

Win10 has Defender which does a good job and is free

E-mail - don't click on attachments if you don't know the sender ("post office could not deliver")

Label emails Junk or spam, if you recognize them for malware or advertisements

On AOL, avoid their free pop-up ads for cleaning, disinfecting your PC, as often other programs, MacAfee, Norton, PC-Matic, etc., are attached and can slow down your computer

Facebook , only click on people you know, not "friends" asking you to acknowledge them

Upgrade from Vista, 7 or 8 to Windows 10. (Microsoft supports it)

**Macs**. Sophos is an anti-virus that works . However, if you have an old operation system; say Lion, Mavericks, Snow leopard, etc., todays' newer software may not work.

In all computers, leave them on 4 hours or so, 2x/month, for their own protection programs to run.